



Resource Tables for NAMI Programs and Events

It is essential to have a resource table set up in the back of the room in every class, support group or presentation for participants to visit before and after the event and during breaks. The table should hold as much local resource information as possible, and include items such as the following:

- Pamphlets, brochures newsletters from the state and local NAMI organizations
- Copies of relevant books from the state or local NAMI library that participants can “check out” until the next week
- A book list is of additional reading materials that they may want to purchase
- A list of local resources in the area, specifically those related to children (i.e. local Federation of Families Chapter, CHADD, etc.)
- Local support group information
- Local affiliate meeting schedules
- NAMI membership forms –make it easy for them to join!
- Applications to be a NAMI volunteer

Here are links to a few standard documents that you can reproduce to get started populating your resource table:

- [What is NAMI?](#)
- [Fact Sheets about mental illness](#)
- One page descriptions of NAMI Signature Programs (all programs should be available at each event)
 - [Basics](#)
 - [Connection](#)
 - [Family-to-Family](#)
 - [In Our Own Voice](#)
 - [Parents & Teachers as Allies](#)
 - [Peer-to-Peer](#)
 - [Provider Education](#)
- [Internet Resource List from the CAAC](#)
- [Advocating for your child: 25 Tips for Parents](#)
- [Borderline Personality Disorder](#)
- [Published Research articles on NAMI Basics](#)
- [NAMI on Campus flyers](#)
- [NAMI Hearts & Minds Fact Sheets](#)

You will also want to include some NAMI program specific resources that you can download such as fact sheets, flyers, research articles, etc., which can be found on the NAMI website (www.nami.org) or on the NAMI Programs home page (www.nami.org/programs) and NAMI Education Help Desk (www.nami.org/eduhelpdesk). This list is by no means all that needs to be on the Resource Table for your NAMI event, but we hope that you will find this a helpful jump start to making sure that participants at your event walk away with contact information and resource material to save them steps in attaining the services and support that they need for themselves and their family.